

Hammer on

Spielen diese Übungen picking (Wechselschlag ist hier eine echte Herausforderung!)
und auch geslappt

Beachte: Beim Slappen spielt der Daumen E- und A-Saite, Zeigefinger D- und G-Saite

0 2 0 2 0 2 0 2 0

5 7 5 7 5 7 5 7 5

sim...

0 2 0 2 0 2 0 2 0

0 5 7 0 5 7 0 5 7 0 5 7 0 5 7 0 5

sim... t

0 2 0 2 0 2 0 2 0

5 7 5 7 5 7 5 7 5

0 5 7 0 5 7 0 5 7 0 5 7 0 5

5 7 5 7 5 7 5 7 5

0 2 0 2 0 2 0 2 0

0



Fingersatz: 1. 3. / 2. 4.

First system of musical notation for Bass. The top staff shows a bass clef with a melodic line of eighth notes, including slurs and accidentals (flats and sharps). The bottom staff shows the fretboard with fingerings: T (Tapping) and B (Bass) with numbers 0, 2, 0, 1, 3, 1, 3, 1, 2, 4, 2, 4, 2, 3, 0, 3, 0, 3, 5, 3. The word "etc" is at the end of both staves.

Second system of musical notation for Bass. Similar to the first system, it shows a melodic line and a fretboard with fingerings: T and B with numbers 3, 0, 3, 0, 3, 5, 3, 2, 4, 2, 4, 2, 1, 3, 1, 3, 1, 0, 2, 0, 2, 0, 2, 0. The word "etc" is at the end of both staves.

Third system of musical notation for Bass. The melodic line continues with more complex rhythmic patterns and accidentals. The fretboard fingerings are: T and B with numbers 3, 5, 3, 5, 3, 5, 4, 6, 4, 6, 4, 6, 0, 2, 0, 2, 0, 2, 0, 2, 1, 3, 1, 3, 1, 3. The word "etc" is at the end of both staves.

Fourth system of musical notation for Bass. The melodic line concludes with a double bar line. The fretboard fingerings are: T and B with numbers 1, 3, 1, 3, 1, 3, 0, 2, 0, 2, 0, 2, 0, 2, 4, 6, 4, 6, 4, 6. The word "etc" is at the end of both staves.

Das ist ganz schön anstrengend, nicht?
 Spiele diese Konditionsübungen täglich. Achte darauf, nicht zu weit zu gehen.
 Sobald Du Schmerzen im Handgelenk bekommen solltest, sofort aufhören
 und am nächsten Tag weiterfahren.

- Wechselschlag rechts auch hier
- alle Finger haben Kontakt zu den Saiten

